



Gold Wing Road Riders Association NH-T
Seacoast "T" Wings Newsletter
January 2017



Chapter "T" Team

NH-T Chapter Directors

Tom & Kathy Fallon
gwrranht@outlook.com
978-225-0804

Assistant Directors [ACD]

Russell & Cassandra Powers

Membership Enhancement Coordinator [MEC]

Chris Ferris
gwrranhtmec@outlook.com
805-260-4556

Chapter Educator

VACANT

Treasurer

Christine Davidson
781-249-3453

Newsletter Editor

NH-T CD (Acting)
nht-newsletter@outlook.com

Sunshine Coordinator

Carol George
gw1500lady@comcast.net

Webmaster

Clark Clemens
cwcleme.nht@gmail.com

Next Gathering – February 12

****GATHERING LOCATION****

American Legion Post 51
232 Calef Hwy (Route 125)
Lower Level Meeting Room
Epping, NH 03042
Second Saturday of each Month (unless
otherwise noted)

The Legion Post is hosting a breakfast on
Sunday Feb 12 from 8am to 11am. We are
asking members to arrive at 10am to join
in with the breakfast. Upon completion
of breakfast, the meeting will begin at
approximately 11:00am. Please RSVP to
Chapter Directors if you will be attending
the breakfast for head count.

[Save the date for Feb 12](#)

Chapter T Website

www.gwrra-nht.org

Not a member of GWRRRA? Click link below or
visit our website above for more information.

http://gwrra.org/free_trial.html

For free trial membership.

Friends for Fun, Safety, & Knowledge

The Letter "T" for NH-T represents the
following:

Together **E**veryone **A**chieves **M**ore



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Directors' Corner Jan 2017

Welcome back to the Seacoast "T" Wings Newsletter!

Happy New Year to all! The new year of 2017 has already begun with new changes for NH-T. We would like to welcome and congratulate Russell and Cassandra Powers for accepting the Assistant Chapter Director (ACD) position. We would also like to welcome and congratulate Christine Davidson for accepting the Chapter Treasurer position. We are very excited to have these new Officer's on the Chapter Team and look forward to a great new year! We would like to thank Beth Bennett for her support with the Chapter as Treasurer in 2016; thank you for all your hard work and dedication Beth.



On January 21, a few of NH-T attended the MEDIC First Aid class held at Bethany Chapel in Manchester, NH, and hosted by NH-A. Our instructors, Doug Melanson and Lynne Christensen, were in sync and the best we have ever had for teaching this great course material. The members of NH-T who attended were Carol George, Russell Powers, Tom & Kathy Fallon. These people move to the next level in the Rider Education Levels program simply by attending this

course. Russ has achieved to Level 3 with having attended this course, as well as the Motorist Awareness class held at the American Legion Post in the Fall, and the Trike course in the Fall. Congratulations to Russ for achieving Level 3. Carol is on her way also to Level 3, with the ARC as the next step. Congratulations to Carol for achieving Level 2.

Moving forward, our February Gathering will be important to attend and plan for the 2017 riding season. We will have a lot of ideas and simply need to place those ideas on a board and then figure out when and where to set. Our NH District Directors will also be presenting to the new ACD and Treasurer appointment letters.

In the upcoming months, the NH District will be planning for an Advanced Rider Course (ARC) for members to attend and improve riding education and skills. The ARC is recommended for all but also a requirement for moving up on the Rider Education Levels Program. We will inform all when this training has been scheduled.

NH-T will be planning rides, events, an open house in late Spring, and other activities. Be sure to check back on the website and in upcoming newsletter for more information.

Tom & Kathy Fallon

NH-T Chapter Directors

Friends for Fun, Safety and Knowledge



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From the desk of the Assistant Chapter Directors

Hello everyone. My name is Russ Powers and my wife is Cassandra, we have been married going on 29 years. Being your new ACDs, I want to share with you a little about me and the Mrs. First of all, I am originally from KY. I served in the Air Force from 1985 through 89 at Pease AFB in NH. My job was a Crew Chief for the KC-135A Refueling Tankers. During that time in service, I met my wife. Cassandra is from Dover, NH. During the first three years of our marriage, we moved 5 times chasing my job of being an aircraft technician. We finally settled down here in NH and have been living here ever since.

My riding experience has been limited to riding dirt bikes on trails and abandoned strip mines in South West Virginia when I was about 10 years old. I had no experience on the streets until I got my first Goldwing back in 2013. I had it converted to a trike so my wife and I would feel more safe and comfortable on it. For us, riding trikes is a lot like riding snowmobiles. It's the open-air experience we both enjoy. You can say it's our therapy session when we need to get away from stress of everyday life. As we start this new chapter on being your ACDs, we look forward to helping out Tom and Kathy anyway we can and learning more about safe riding to make it a much more enjoyable time out there on the roads. I would like to thank Tom and Kathy for this opportunity and looking forward to serving each and everyone here in Chapter T. Be safe and enjoy the ride.

Russ and Cassandra Powers
NH-T Assistant Chapter Directors



A message from the Sunshine Coordinator



Celebrations – Birthday & Anniversaries:

Happy Birthday – To All with a Birthday in January including Joanna Menard, Carol George, and Mary Michaud!

Happy Birthday to Russ Powers and George Washington for your upcoming birthday in February 2017!

Get Well Soon:

We wish Dave Parker a speedy recovery with your shoulder cuff surgery, hoping the surgery has gone as well as expected. We will see you back when you are fully recovered!!

We also wish Spike Michaud a speedy recovery from his recent pacemaker replacement!!



Please contact me if your birthday and/or anniversary is not shown on the monthly calendar or this page so it can be acknowledged in upcoming newsletters.

Carol George

Sunshine Coordinator

gw1500lady@comcast.net



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Recognition/Awards:

Beth Bennett – NH-T Outgoing Treasurer –

Thank you for your support with our Chapter as Treasurer in 2016.

Congratulations to Russ Powers & Carol George for achieving the new level of the Rider Education Levels Program.



New Sponsors:

We would like to thank ProForm Physical Therapy for becoming one of NH-T Sponsors.

ProForm Physical Therapy is independently owned and operated by Chad Burnham, DPT, CSCS. Established in 2016, ProForm Physical Therapy is a premier therapist owned practice in the Salisbury, Amesbury, Newburyport and Southern NH regions. Chad is highly trained in the latest, most advanced, evidence-based physical therapy techniques that allows patients the opportunity to capitalize on their functional abilities and attain maximum health and wellness. Chad physical therapy techniques include hands-on manual therapy, Golf Performance, Functional Biomechanics, Dry Needling, and Instrument Assisted Soft Tissue Mobilization (Graston Technique). We have been treated by Chad and highly recommend his services!

ProForm Physical Therapy
175 Elm Street, Suite 4
Salisbury, MA 01952
Tel: (978)-255-4238
<https://www.proformptma.com>



Chad Burnham, DPT, CSCS
chad@proformptma.com

The newsletter is for any noteworthy announcements from the members.



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February 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4 11am YOU'RE FIRED POTTERY - NH-G
5	6	7	8	9	10	11 6pm - NH-G Gathering
12 NH-T Staff Mtg 9:00am NH-T Gathering 11:00am	13	14 Valentine's Day	15	16	17 Russ Powers Birthday 7pm - NH-A Gathering	18
19	20 Washington's Birthday	21	22	23	24 6:30pm NH-E Gathering	25 5pm NH-G Mardi Gras Bowling
26	27	28	Notes: More details on scheduled events, please visit: http://gwrra-nhdistrict.weebly.com/calendar.html			

More details for upcoming events, please visit the NH District Calendar:

<http://gwrra-nhdistrict.weebly.com/calendar.html>



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MEMBER BENEFITS

Member benefits are enhanced and upgraded on a regular basis. For the most accurate listing of Member benefits, please visit us at <http://gwrra.org/benefits.html> or call 800-843-9460 or 623-581-2500.

Apart from Internet Members, all members receive the following:

- WING WORLD Magazine
- Gold Book Service Directory
- Rider Education: Specialized training for riders, co-riders, trikes and trailering
- Rescue - Emergency Towing & Roadside Assistance: FREE 24-hour/7-days-a-week towing up to 35 miles per disablement and roadside assistance; family membership is included
- Chapter Life: Come join the fun at a Chapter Gathering! Go along on a group ride, partake in a poker-run, potluck, charity ride, or any of the numerous activities available to GWRRA Members in their local area.
- Leadership Training: Free training that focuses on leadership skills (specifically with skills needed in a GWRRA leadership position), other training deals with Life Skills and Member Orientation topics that will enhance the member's life both within and outside of GWRRA.
- Motorcycle Insurance & Retail Discounts
- Travel Now Discount Hotel Program
- ... and much more!!

Visit <http://gwrra.org/benefits.html> for more information.



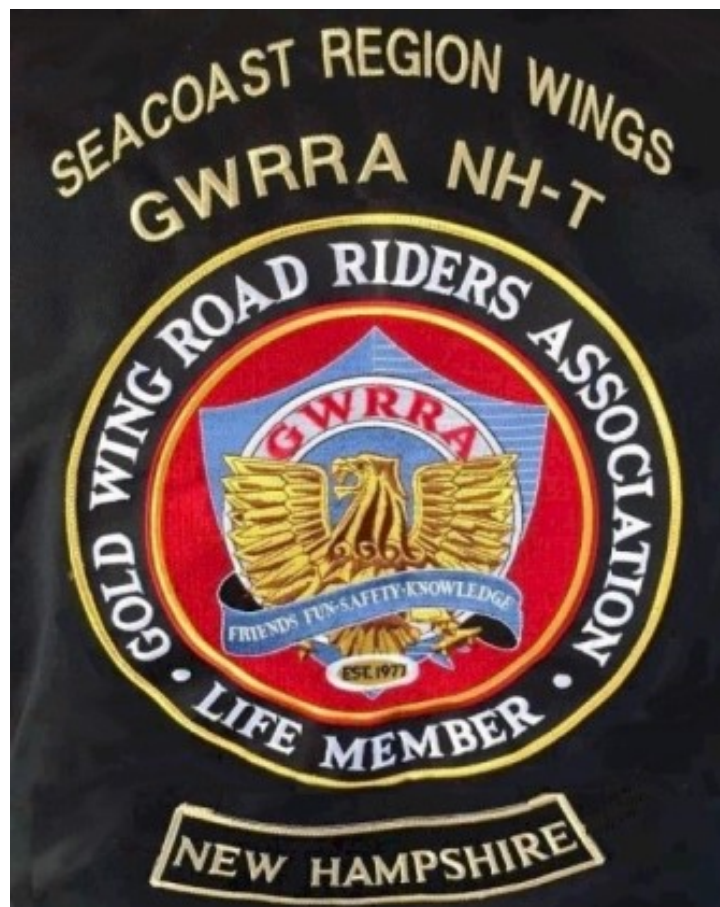
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ITEMS FOR SALE – Please submit any sale items to the Newsletter Editor
nht-newsletter@outlook.com

FOR SALE!

1987 Honda GL1200A Black, 90k+ miles, loaded and in excellent condition – new tires, refurbished carbs, the bike is ready to ride. Available at Menard Motorsports for viewing and negotiating. Please call Shawn at (603) 347-5592 or stop by the shop on Route 125 in Brentwood, NH.





7 MOTORCYCLE SAFETY TIPS

1

ALWAYS WEAR A HELMET

Choose a helmet that displays the DOT label, which indicates that it meets federal safety standards.

2

KNOW YOUR LIMITS

Your motorcycle has limits. Know them.

3

WATCH SPEED

Follow posted speed limits.



4

KEEP YOUR DISTANCE

No one likes a tailgater. Keep a safe distance between your bike and other vehicles.

5

USE BOTH BRAKES

When braking use both brakes at the same time by applying them slow and steady.

6

BE SEEN

Avoid blind spots and always use your headlights day or night.

7

SIGNAL

Use your signals.



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**Please visit the NH-T website for more
information on scheduled events, Photos of
events and activities, Newsletters, and GWRRA
Membership information.**

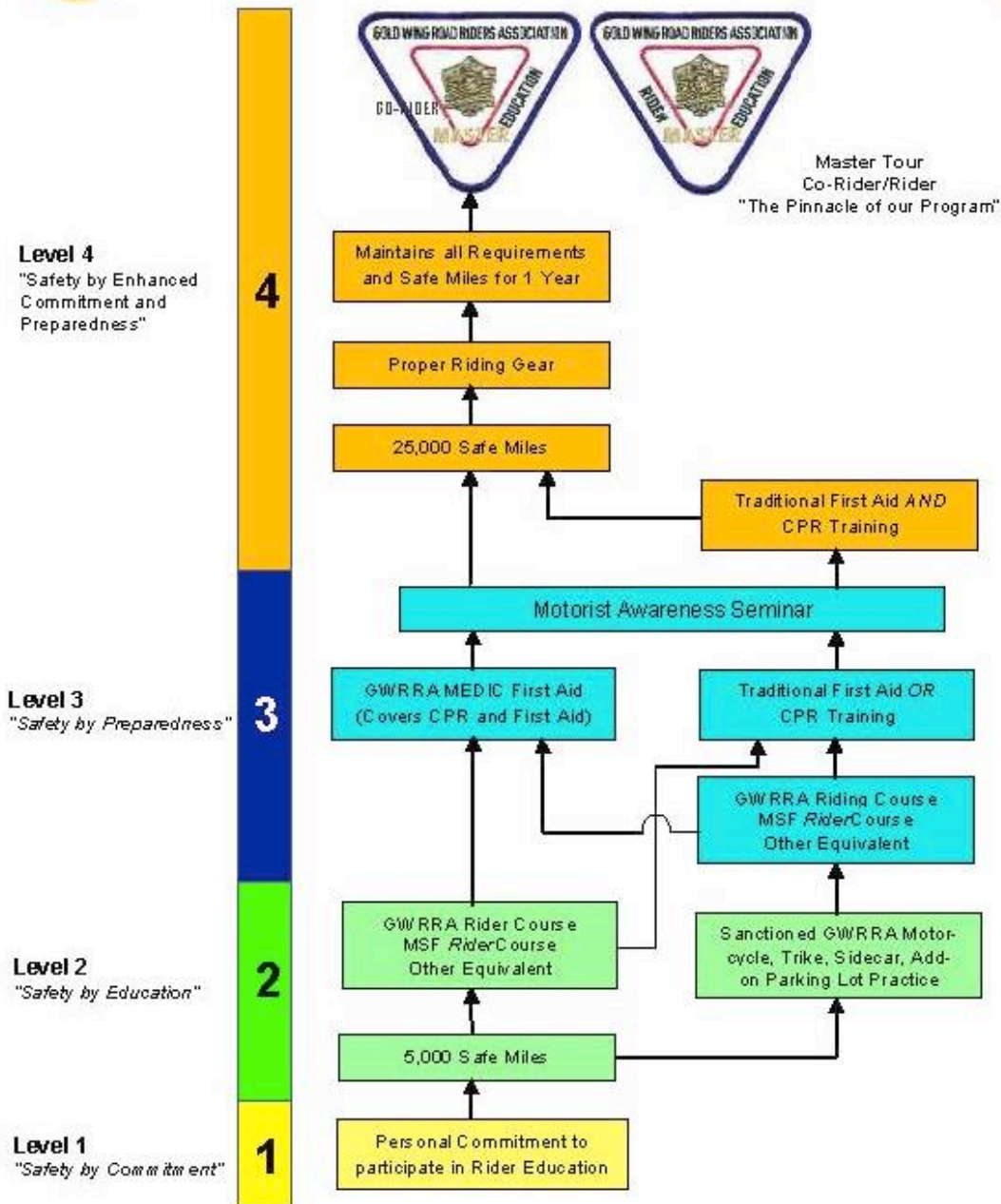
www.gwrra-nht.org



GWRRRA Rider Education Levels Program Diagram



Gold Wing Road Riders Association
 Rider Education Levels Program
 "The Building Blocks of Rider Education"





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<https://www.proformptma.com>



Chad Burnham, DPT, CSCS

chad@proformptma.com

More Sponsors shown on our website - <http://www.gwrra-nht.org/node/7>



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2017 New England District Rally 2017

**Held at Sturbridge Host Hotel and Conference Ctr
Sturbridge, MA July 27, 29, & 29 2017**

See Registration form below.

Sign Up Now for the 2017 New England District Rally!!

Take a few minutes now to complete the electronic registration form at the end of this Newsletter.

For more information, please visit the NE District Rally Website:

<https://nedistrictsrally.shutterfly.com/>

